

Annai Hajira Women's College

Melapalayam, Tirunelveli – 627 005

Accredited with B++ Grade by NAAC (CGPA 2.95 in I Cycle)

(A Unit of As-Sathiq Educational Society)

(Affiliated to Manonmaniam Sundaranar University)

Youth Red Cross



List of Events 2025-2026

List of Events Conducted during 2024-2025

Sl.No	Date	Name of the Event
1	11.08.2025	International De-Worming Day
2	23.02.2026	Anti-Drugs and Suicide Prevention Programme
3	27.02.2026	Anti-Drugs and Suicidal Prevention
4	12.03.2026	Human Chain Activity for Glaucoma Awareness
5	28.03.2026	Valedictory Function



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Event Summary:

Name of the Event : International De-Worming Day

Date & Time of the Event : 11. 08. 2025 @ 12.00pm.

Participants : I B.Com students

Organized By : YRC Club

Venue : Hall No 13



International Deworming Day was observed by the Youth Red Cross (YRC) of Annai Hajira Women's College, Melapalayam, on 11 August 2025. The programme aimed to create awareness among students about the importance of personal hygiene, proper nutrition, and preventive healthcare for maintaining a healthy life.

Mrs. Sagayarani from the Primary Health Centre, Melapalayam, addressed the students and emphasized the importance of consuming a balanced diet and taking deworming tablets at regular intervals to prevent infections and maintain good health.

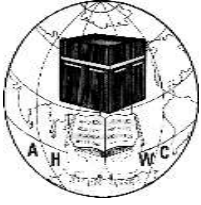
She also educated the students about the causes and effects of worm infections and highlighted the need for proper hygiene and sanitation practices. Deworming tablets were distributed to the students at the end of the programme. The programme was informative and beneficial, helping students understand the importance of preventive healthcare and healthy lifestyle practices.

Shanthe

**YRC PROGRAMME OFFICER
ANNAI HAJIRA WOMEN'S COLLEGE
MELAPALAYAM - 627 005.**

Lajja Datta

**PRINCIPAL
ANNAI HAJIRA WOMEN'S COLLEGE
MELAPALAYAM - 627 005.**



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Event Summary

Name of the Event : Anti-Drugs and Suicide Prevention Programme
Date & Time of the Event : 23.02.2026 @ 10 AM
Participants : YRC Volunteers, District YRC Programme Officers
Organized by : YRC Tirunelveli District & YRC, MSU
Venue : MDT Hindu College Hr. Sec. School, Tirunelveli



The Indian Red Cross Society, Tamil Nadu Branch, in collaboration with the YRC Tirunelveli Branch and YRC MSU, organized an “Anti-Drugs and Suicide Prevention Programme” for YRC Programme Officers and Volunteers on 23 February 2026 at MDT Hindu College Higher Secondary School, Tirunelveli. The programme aimed to create awareness among students and programme officers about the harmful effects of drug abuse and the importance of mental health and suicide prevention.

Mr. M. Venkatraman from the Social Media Wing, Tirunelveli District Police, and Dr. Ashok, Psychology Expert from Erode, delivered informative sessions on anti-drug awareness and suicide prevention. They highlighted the physical, psychological, and social consequences of drug addiction and stressed the importance of mental well-being, counselling, and emotional support.

Dr. E. Enanalap Periyar, Zonal Coordinator of YRC MSU, addressed the participants on the topic “Drug Prevention and Youth Welfare.” He encouraged students to adopt healthy lifestyles and actively participate in creating a drug-free society.

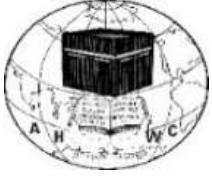
Certificates of participation were distributed to all the YRC Programme Officers and YRC volunteers. The programme was highly informative and beneficial, promoting awareness about mental health, youth welfare, and the importance of preventing drug abuse and suicide among students.

Shanthi

**YRC PROGRAMME OFFICER
ANNAI HAJIRA WOMEN'S COLLEGE
MELAPALAYAM - 627 005.**

[Signature]

**Signature of the Principal-in-charge
PRINCIPAL IN-CHARGE
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Event Summary

Name of the Event : Anti-Drugs and Suicidal Prevention
Date & Time of the Event : 27.02.2026 @ 10.30 am.
Participants : All 1st years and 2nd years
Venue : Seminar Hall



The Youth Red Cross (YRC) in collaboration with the Indian Red Cross Society, Tirunelveli District, Tamil Nadu Branch, and sponsored by the Tirunelveli District Police Department, conducted a Special Awareness Programme on Anti-Drug and Suicide Prevention on 27 February 2026.

The programme aimed to create awareness among students about the harmful effects of drug abuse and the importance of mental health and emotional well-being. The gathering was welcomed by Mrs. Shanthi Kumari Pushpa, Programme Officer of the Youth Red Cross. Mr. M. Chokkalingam, IRCS Tirunelveli District, presided over the function. Dr. S. Sabreen Muneer, Principal-in-Charge and Head of the Department of Tamil, presented the introductory note and highlighted the significance of the programme.

The Chief Guest, Dr. Ashok, Psychology Expert from Erode, delivered an informative and motivating session on mental health, self-care, and stress management. He emphasized the importance of prioritizing mental well-being during the crucial stages of student life and explained how proper guidance and emotional support can help prevent substance abuse and suicidal tendencies.

Students actively participated in the session and shared positive feedback, stating that the programme was highly engaging, informative, and beneficial. The programme successfully created awareness and encouraged students to adopt healthy lifestyle practices and maintain positive mental health.

Shanthi

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Ashok

Signature of the Principal-in-charge

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Event Summary

Name of the Event : Human Chain Activity for Glaucoma Awareness
Date & Time of the Event : 12.03.2026 @ 8 AM
Participants : YRC Volunteers
Organized By : The Eye Foundation, Kokkirakulam, Tirunelveli.
Venue : The Eye Foundation, Tirunelveli



On the occasion of Glaucoma Awareness Week, observed from 8 March to 16 March 2026, The Eye Foundation, Tirunelveli, organized a Human Chain Awareness Programme on 12 March 2026 at The Eye Foundation, Tirunelveli. The programme aimed to create public awareness about glaucoma, emphasizing the importance of early detection and timely treatment to prevent vision loss.

Youth Red Cross (YRC) volunteers from Annai Hajira Women's College actively participated in the event and contributed to the success of the awareness programme. Through their participation in the human chain, the volunteers helped spread awareness among the public about the need for regular eye check-ups and proper eye care.

The programme was highly beneficial in promoting awareness about eye health and encouraged social responsibility among the student volunteers.

Shanthi

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Event Summary

Name of the Event : Valedictory Function
Date & Time of the Event : 28.03.2026 @ 11.30 am.
Participants : YRC volunteers of all disciplines
Organized By : YRC Club
Venue : Seminar Hall



The Youth Red Cross (YRC) of Annai Hajira Women's College, Melapalayam, organized the Valedictory Function for the academic year 2025–2026 on 28 March 2026. The programme was conducted to appreciate the active participation and dedicated service of YRC volunteers throughout the academic year.

Dr.N.Esakki, YRC District Organizer and Associate Professor of Economics, Ambai Arts College, Tirunelveli, graced the occasion as the Chief Guest. In his address, he shared valuable insights on the history and origin of the Red Cross Movement, the responsibilities of a YRC volunteer, and the significant role played by youth in humanitarian and social service activities. He encouraged the students to continue their spirit of service and contribute positively towards society through voluntary activities and community welfare programmes.

As part of the valedictory function, Certificates of Appreciation were awarded to the final-year YRC student volunteers in recognition of their dedicated service and active involvement in various YRC activities during the academic year. The programme concluded successfully and inspired the volunteers to continue their commitment towards humanitarian service and social responsibility.

Shanthy

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